THE BOARD OF HEALTH PRESENTS REPORT 07-011 AND RESPECTFULLY RECOMMENDS:

Council – November 28, 2007
1. **Breastfeeding Program Review BOH07061 (City Wide) (Item 5.1)**
   That Report BOH07061 regarding Breastfeeding Program Review be received.

2. **Reproductive Health Program Update BOH07064 (City Wide) (Item 5.2)**
   That Report BOH07064 respecting Reproductive Health Program Update be received.

3. **Tuberculosis Control Program Update BOH07058 (City Wide) (Item 5.3)**
   That Report BOH07058 respecting Tuberculosis Control Program Update be received.

4. **Ontario Public Health Standards BOH07062 (City Wide) (Item 5.4)**
   That Report BOH07062 respecting Ontario Public Health Standards be received.

5. **Communicable Disease and Health Hazard Investigations Quarterly Report (Q3) (July 1 – September 30, 2007) BOH07008 (c) (City Wide) (Item 5.5)**
   That Report BOH07008(c) respecting Communicable Disease and Health Hazard Investigations Quarterly Report (Q3) (July 1 – September 30, 2007) be received.

6. **Terms of Reference for the Community Food Security Stakeholder Committee - BOH07031(a) (City Wide) (Item 5.6)**
   That the Terms of Reference for the Community Food Security Stakeholder Committee hereto attached as Appendix "A" be approved as amended.

7. **Creating a Pedestrian Friendly Environment to Encourage Physical Activity (Item 7.1)**
   Whereas Ontario and Hamilton have seen a significant increase of
pedestrian deaths;

Whereas, Ontario Legislation deems vehicles as having the right-of-way on Ontario roads;

Whereas European cities have legislation deeming the right-of-way to pedestrians thereby creating an environment conducive to a pedestrian friendly and safe environment;

Therefore, be it resolved that the City of Hamilton requests change in legislation to allow pedestrians to have the right-of-way on Ontario roads.

8. Mental Health/Outreach Team – Program Update BOH07060 (City Wide) (Item 7.2)
That Report BOH07060 respecting Mental Health/Outreach Team – Program Update be received.

9. Launch of Public Health Quit Smoking Clinic (BOH07059) (City Wide) (8.1)
That Report BOH07059 respecting Launch of Public Health Quit Smoking Clinic be received.

10. Communications (Item 11.1)
That the dispositions for the following Items of communication be approved:

(a) E-mail from Gordon Fleming, Manager, Public Health Issues, Association of Local Public Health Agencies, respecting Registration for alPHA’s annual Fall Workshop
Recommendation: Be received for information.

(b) Copy of a letter from G. Allen Heimann, Medical Officer of Health of the Windsor/Essex County Health Unit to the Minister of Health and Long-Term Care requesting the Province’s continued financial support of the West Nile Virus Control and Surveillance Program.
Recommendation: Be received for information.

(c) Copy of a letter from G. Allen Heimann, Medical Officer of Health of the Windsor/Essex County Health Unit to the
Minister of Health and Long-Term Care requesting expansion of the HPV Immunization Program to all women between the ages of 9-25.

Recommendation: Be endorsed with full Provincial funding.

(d) Copy of a letter from Pat. M. Madill, Regional Clerk of Durham Region to the Prime Minister concerning the resolution of the Toronto Board of Health respecting the cost of a Nutritious Food Basket.

Recommendation: Be received.

(e) Copy of a letter from Pat. M. Madill, Regional Clerk of Durham Region to the Premier respecting the resolution of the Board of Health for the Sudbury & District Health Unit regarding continued 100% Provincial Funding of the Ontario Heart Health Project.

Recommendation: Be received.

(f) Copy of a letter from Pat. M. Madill, Regional Clerk of Durham Region to the Minister of Health Canada respecting the resolution of the City of Port Colborne regarding the assessment of Salvia Divinorum by Health Canada.

Recommendation: Be endorsed.

(g) Copy of a letter from Pat. M. Madill, Regional Clerk of Durham Region to the Prime Minister respecting the Region’s resolution to endorse the position of Addictions Ontario, Centre for Addiction and Mental Health, Mothers Against Drunk Driving and the Ontario Public Health Association that the legal Blood alcohol concentration be reduced from 80mg% to 50mg %.

Recommendation: Be referred to Public Health and Public Works staff for a report which includes comments from the Chief of Police and the Police Services Board to be presented to an appropriate Committee of the Whole meeting.
FOR THE INFORMATION OF COUNCIL:

(a) **CHANGES TO THE AGENDA**

The Clerk advised of the following change to the agenda:

(i) Mr. Stefan Savelli of VP Development, Trinity Development Group who was scheduled to make a presentation under Item 6.2 on today’s agenda has advised that he is unable to attend this morning.

The agenda was approved as amended.

(b) **DECLARATIONS OF INTEREST**

None declared.

(c) **Minutes of the October 22, 2007 Board of Health Meetings (Item 3.1)**

The Minutes of the October 22, 2007 meeting were approved as presented.

(d) **Terms of Reference for the Community Food Security Stakeholder Committee - BOH07031(a) (City Wide) (item 5.6)**

On a motion (McHattie/Pasuta) the Terms of Reference for the Community Food Security Stakeholder Committee were amended by adding the word “farmers” to the second bullet in the “Objectives” section.

(e) **PRESENTATIONS**

(i) **Healthy Communities - BOH07063 (City Wide) (Item 7.1)**

Dorothy Elliott introduced Gil Penalosa, Executive Director of Walk & Bike for Life.

Gil Penalosa’s made a PowerPoint presentation. His comments highlighted but were not limited to the following:

- We must improve our cities;
- By building a city around cars the number of cars increases;
- Build cities around people;
- Winter does not make walking /bicycling impossible;
- Walking and bicycling are not safe – true; but something should be done about it – Europe has a lot more bike travel and far fewer deaths;
• Improve safety – develop a transportation master plan that is bicycle friendly;
• There are many examples of how this can be accomplished in various American and European cities;
• This is a human rights issue – not everyone drives (i.e. younger than 16 and the elderly) – mobility is a human right;
• What’s doable? – build complete streets with sidewalks and bicycle paths – the costs are marginal when included at the time of construction;
• Provide safe networks – i.e. connect the cycling paths and install a physical separation (buffer zone, cones, different levels) between the lanes and the road;
• add safe crosswalks;
• encourage bike riding to schools by installing bike racks;
• Reasons: Health - obesity trends due to lack of physical exercise which creates many related health problems – today, disease is related to life style;
• Use existing infrastructure – close roads on the weekends to allow bike riding, like other cities have done;
• Copenhagen is similar to Hamilton and it’s residents cycle year round; this activity has doubled since the 1980’s;
• Improve the cities we have and build better new cities;
• Not an issue of money and not a technical issue – all that’s needed is leadership, vision, the political will and activists to promote these lifestyle changes.

Gil Penalosa responded to questions posed by the Board.

On a motion (Powers/Collins) the Board received the presentation.

The following staff recommendation (BOH07063) was approved:
That staff be directed to provide a report to the Board of Health detailing options for an active community pilot project, which would include developing a methodology to measure the tangible health benefits.

Councillor Merulla presented a motion, seconded by Councillor Collins which is outlined in Item 7 of this Report.

(A City of Hamilton Pamphlet entitled The Built Environment and Our Health was distributed.)

The following direction was added at Council:

Staff was directed to obtain the motion from Halton respecting
pedestrian bridges over the 400 series highway system and refer it to the Board of Health for discussion.

(1) James Webb of WEBB Planning Consultants and Aaron Wisson of Mattamy Homes, respecting obesity and the built environment. (Item 6.1)

(The Mayor indicated that James Webb of WEBB Planning Consultants was in attendance.)

Aaron Wisson of Mattamy Homes made a PowerPoint presentation. His comments which described the type of development built by Mattamy Homes included but were not limited to the following:

- High density development – due to sky rocketing land prices, consumer demand and “places to grow” policy of the Province;
- Mattamy Homes advertises their homes as promoting a healthy lifestyle;
- Description of Mount Pleasant Village in Brampton:
  - GO station is in the centre;
  - Transit oriented without depending on the car;
  - This new development makes it easier for residents to walk or to cycle to their destinations;
  - It has a village core;
  - description of the transportation nodes;
- Description of The Preserve in Oakville:
  - Open green space;
  - Compact built environment with linkages to natural area;
  - Low rise development and some key areas of mid-rise and high density areas;
  - Advertised as Safe, livable and healthy;
- People and municipalities want this type of development.

A short discussion followed. The Board received the presentation.

(2) Stefan Savelli of VP Development, Trinity Development Group respecting retail built form for Healthy Communities. (Item 6.2)

Stefan Savelli was unable to attend.

At 10:30 a.m. the Mayor relinquished the Chair and Deputy Mayor Pasuta assumed the Chair.
(f) STAFF PRESENTATIONS

(i) Mental Health/Outreach Team – Program Update BOH07060 (City Wide) (Item 7.2)

Valine Vaillancourt, Program Manager made a PowerPoint presentation and hard copies were distributed. (A pamphlet respecting IntAc was also distributed.) She provided an overview of the Mental Health/Outreach Team and the following programs:

- Community Mental Health Promotion Program (CMHPP)
- Off the Streets into Shelters Program (OSIS)
- Injection Drug Use Harm Reduction Program

Valine Vaillancourt also provided the history of two clients that have been helped by Outreach.

On a motion (Powers/Pearson) the Board received the staff presentation and report.

(g) Launch of Public Health Quit Smoking Clinic (BOH07059) (City Wide) (Item 8.1)

Kevin McDonald, Program Manager addressed the Board and highlighted the key areas of the report. He and Debbie Sheehan responded to questions.

On a motion (McCarthy/Jackson) the Board received the staff report.

(h) Lead in Drinking Water – verbal update (no copy) (Item 8.2)

Robert Hall, Director of Health Protection Division addressed the Board and outlined the Department’s communication strategy to date and advised that Public Health staff is working with Public Works staff to prepare a pamphlet which will be mailed with Hamilton Utility Corporation bills.

He also outlined the school water test results and the day care water test results. He added that by the end of November, 2007 the day care centres will be required to have their water tested.

Robert Hall advised that Public Health Services staff is following up with the homes which were found to have lead in the water to determine the potential cause, when the lead level starts to decrease, identify the age of the home and when the water service was installed. He also advised that
residents can apply for a subsidy to purchase water filters through the Community Services Department.

Abdul Khan addressed the Board and advised what the Public Works Department is doing. He provided information about the lead service replacement program and the loan program.

Staff responded to questions.

On a motion (Powers/McHattie), the Board received the verbal update on lead in drinking water.

(i) **Outstanding Business List: (item 11.2)**

The due dates of the following Outstanding Business List Items were amended as follows:

**Item “A” – Residential Care Facilities By-law, follow-up status report**
(Due: November 26/07) *New Due Date: March 25, 2008*

**Item “B” – Report outlining the pros and cons of a 3 colour inspection certificate system and associated costs.** (Due: November 26/07) *New Due Date: December 10, 2007*

**Item “D” – Tobacco control recommendations** (Due: Fall 2007) *New Due Date: February 25, 2008*

(j) **General Information Other Business**

Councillor McHattie advised the Board that there was a lengthy article in the Globe and Mail about the City of Hamilton and the fact that it is considering the issue of water fluoridation.

There being no further business, the meeting adjourned at 11:40 a.m.

Respectfully submitted,

Mayor F. Eisenberger, Chair
Board of Health

Council – November 28, 2007
Terms of Reference for the Community Food Security Stakeholder Committee
(As amended)

Mandate:

To develop a food continuum policy and strategic action plan that will move Hamilton towards being a place where all community residents obtain a safe, culturally acceptable, nutritionally adequate diet through a sustainable food system that maximizes self-reliance and social justice.

Objectives:

- Develop a comprehensive community and city-wide policy that leads to community food security

- Create multi-sector partnerships and networks, including councillors, farmers, public health, city departments, non profit organizations, and the volunteer sector to develop the infrastructure needed to achieve sustainable food systems

- Recommend strategic actions and specific policy/by-law changes to support and enhance community food security

- Raise awareness about food system issues among Hamiltonians

- Ensure that a municipal economic development plan supports
  - land use policies that facilitate urban agriculture
  - local food businesses in low income neighbourhoods
  - increased community capacity for self-reliance for nutritious food

- Support local farmers with Eat Local initiatives

- Support Food Disclosure Systems in the food service industry

- Keep apprised of relevant monitoring and research initiatives and identify potential gaps

- Encourage innovation and community development by providing technical support to local organizations (e.g. research, grant writing)

- Advocate for an approach to physical planning that provides for sustainable agriculture
Appendix A to Item 6 of Board of Health Report

- Ensure that the perspectives of persons and communities who are experiencing food insecurity are taken into consideration

- Develop and maintain an annual work plan

**Membership:**

Stakeholders (8-10) representing, but not limited to:
- the agricultural community, preferably a member of the City of Hamilton Agricultural and Rural Affairs Advisory Committee
- local environmental groups including Eat Local Committee
- emergency food service providers
- social service advocates and/or providers
- Poverty Roundtable
- researchers
- labour organizations

City Councillors:
- Councillor Bratina
- Councillor McHattie
- Councillor Pasuta

City of Hamilton staff (6 – 8) non-voting members/technical support representing:
- Public Health Services (3-4 with expertise in nutrition, policy and health protection)
- Community Services (1-2)
- Economic Development (1)
- Public Works (1)
- Emergency Planning (1)

Each stakeholder group will assign a member to sit on the committee. At maximum, membership term coincides with the term of City Council. A person’s membership ceases if three consecutive meetings are missed.

In the event that there are more than 10 interested representatives from the stakeholders group, members will be selected through an application and interview process and approved by the Board of Health and Council.

Alternates may attend when necessary, with voting privileges.

Sub-Committees and/or Work Groups will be struck and appointed by the Stakeholder Sub-Committee as per need to address specific topics, issues or questions (i.e., Eat local policy committee for the city, good food box work group.)
Chair:
The Committee will have two Co-Chairs, one a community representative and one a Councillor.

Minutes:
Minutes will follow the City of Hamilton template. Clerical support from Public Health Services will compile and circulate minutes to members within seven days of the meeting. Minutes will be included on the Board of Health agenda for information and any recommendations needing approval would be included in a report from the committee Chairs.

Reports to:
Board of Health

Frequency of Meetings:
Monthly, or at minimum quarterly and also at the call of the Chair.
No meetings to be held during the months of July, August and December unless called by the Chairs.

Work Group or Sub-committee meetings will be scheduled as required.

Review of Terms of Reference:
To be reviewed on an annual basis, at a minimum.

Approved on: