Revised MINUTES: Seniors Advisory Committee
Friday, October 2, 2009
Room 207, Hamilton Convention Centre

Present: Carolann Fernandes, Margot Kirkpatrick, Lorraine Meloche,
Vi Morgan, Bernice Price, Shirley Robinson, Mary Sinclair,
Ron Smithson, Lisa Campbell,

Regrets: Thelma McGillivray, Councillor T. Jackson, Maureen Harmer

Also Present: Bev Neill, Barb Smoke - Customer Service, Access & Equity
Division
Colleen Stahlbrand, Public Health Services

1. ACCEPTANCE OF AGENDA

The following items were added to the agenda:
  - 2 announcements (C. Fernandes)

  (C. Fernandes/M. Sinclair)
  That the October 2, 2009 Seniors Advisory Committee agenda be accepted as amended. CARRIED

2. DECLARATION OF INTEREST
None declared.

4. APPROVAL OF MINUTES

4.1 Meeting of July 3, 2009.

  (C. Fernandes/L. Meloche)
  That the minutes of the July 3, 2009 Seniors Advisory Committee meeting be accepted as presented. CARRIED.

4.2 Meeting of September 11, 2009
Item 6.1 – The Gore Committee
Clarification that help is not needed for the outdoor park since City Of Hamilton staff were doing the tasks

Item 7.2 – Age Friendly Centre
Date to be confirmed.

Revised Nov 6 09
That the minutes of the September 11, 2009 Seniors Advisory Committee meeting be accepted as amended. CARRIED.

5. BUSINESS/DISCUSSION

5.1 October 20, 2009 Breakfast
- guest speaker, Gil Penalosa confirmed
- confirmation for all students needed, thanks to Carolann’s contact, Colleen McPhee
- Bev brought flyers to be distributed
- expect 100 seniors & 100 youth
- meal will be served buffet style
- costs expected to be $5,500
- giveaways to include copy of “Heads Up” DVD; pedometer (Colleen); pens (Lisa)
- Waste Management contacted to inquire about donation of miniature blue boxes and green bins
- Councillor Jackson has to be confirmed he can open the breakfast
- Vi & Minh volunteered for registration table
- Bev received an e-mail from Carolann Naranjit regarding the Ontario Seniors Coalition Multicultural Seniors’ Health & Wellness Fair taking place at the Hamilton Convention Centre immediately following the breakfast. This event is included on our flyer.
- Bev distributed the draft agenda for review
  > Ron to introduce Mayor (or designate)
  > Mayor to say a few words about the Seniors Advisory Committee & introduce committee members
    ▪ Thelma or Carolann to write an update on the Seniors Advisory Committee for the Mayor
  > possible ice-breaker activity mentioned by Colleen
    ▪ traffic rules & symbols
    ▪ group/table with the most correct answers win the prizes
  > Lisa, Lorraine and Carolann to assist with a fitness break before the guest speaker
  > Ron to read the bio and introduce guest speaker
  > DVD to start at 9:45 a.m. introduced by Bernice
  > Ron to do closing remarks
- invitation to be sent to anyone who is on the DVD
- table to be reserved for speakers
- Bev to ask Thelma if she’s willing to help with the evaluation
- October 20 is also World Osteoporosis Day
- registration table to be set up for 8:00 a.m.
- volunteers to be at Convention Centre at 7:45 a.m.
- Harry Thind from the Sikh community coming to help translate
- 125 DVDs will be delivered to Shirley Glauser for a seniors conference being held in Toronto for their bags

5.2 Release from Hospital
Seniors are being released from the hospital before they know where to go. The CCAS should be invited to one of our meetings to discuss this. People are in acute care because they have no place to go. It was previously suggested that we invite a Discharge Planner to a meeting.

5.3 Housing
After the provincial meeting that was held on September 10, it was suggested to put this on the agenda. Rent geared-to-income is different that affordable housing. Most seniors cannot afford to pay 20% less than market rent. Supplements to be applied for seniors. Freedom House held their Annual General Meeting. There is one women's co-op housing, that has to go through Access to Housing to apply for rent supplement.

5.4 H1N1
Flu shots are being provided but no information given on the implications and who should/should not get them.

5.5 Resignation – Shirley Robinson
The resignation from Shirley Robinson was received by the committee. Ron advised that he contacted Shirley to thank her for her contribution to the committee. Bev will inform Councillor Jackson of Shirley’s resignation. Bev will invite to Shirley to the breakfast event.

6. UPDATES

6.1 The Gore Committee – V. Morgan
Gore Committee received 17 responses from the request for input on what people would like to see in the Gore. Signage needs to be more prominent when coming from King Street. Plans being developed for a memorial walkway. Vi has the minutes of the last meeting if anyone is interested in reviewing them. No further meetings until January 2010.

6.2 ACPD Transportation Sub-Committee – R. Smithson
GO stations have raised platforms. VIA has no equipment to get up to platforms. Discussion if some VIA locations have equipment to assist with getting to platforms. HSR Seniors Pass photos can be done at City Hall.
Signage – people taking the bus coming from King Street do not know where to get the bus to go to McMaster. Coming from the west end, there is no close connecting bus to Eastgate Square. Next meeting is scheduled for Tuesday October 6.

6.3 Strategic Road Safety Program Sub-committee
Next meeting to be held in December 2009.

7. NEW BUSINESS

7.1 Announcements
Gandhi’s birthday was October 2nd. Event to be held at McMaster. Gandhi Walk on October 3rd at the Courthouse at 10:00 a.m., with Gandhi’s grandson speaking at 11:00 a.m. Free lunch to be provided at the McMaster Downtown Centre.

Walkability followup on November 5, 2009 – evening forum. Colleen to e-mail information to committee members.

8. ADJOURNMENT

(C. Fernandes/L. Campbell)
The meeting adjourned at 12:00 p.m. CARRIED.